
Contents

Introduction	xiii
Part 1. Theoretical Basis: Continuum Mechanics, Homogenization Methods, Thermodynamics of Growing Solid Bodies	1
Chapter 1. Tensor Calculus	3
Jean-François GANGHOFFER	
1.1. A short historical vignette	3
1.1.1. Difference between matrix and tensor.	5
1.2. Vector spaces.	5
1.3. Covariant and contravariant tensors	7
1.4. Linear forms and duality	8
1.5. Tensor algebra	12
1.5.1. Notion of tensor product: tensor product of two vector spaces	12
1.5.2. Affine tensors and affine tensor algebra	14
1.5.3. Contracted multiplication and general tensoriality criterion.	16
1.6. Euclidean tensors	17
1.6.1. Fundamental metric tensor in E_n	18
1.6.2. Covariant and contravariant components of a vector	20
1.6.3. Linear form associated to a vector	20
1.6.4. Riesz representation theorem	21
1.6.5. Algebra of Euclidean tensors	26
1.7. Algebraic operations on tensors.	27
1.7.1. Useful tensors (in calculus)	27
1.7.2. Vector product, alternated product, triple scalar and vector products	29
1.7.3. Tensor product and higher order tensors	31
1.7.4. Useful fourth order tensors	33
1.7.5. Principal invariants of a second order tensor	37

1.7.6. Expression of the inverse of a second order tensor from the cofactor	39
1.7.7. Spectral analysis: eigenvectors and eigenvalues of second order tensors	40
1.7.8. Orthogonal tensors	44
1.7.9. Polar decomposition theorem for positive definite tensors.	45
1.8. Differential calculus on tensors: tensor analysis	47
1.8.1. Definition: Frechet and Gateaux derivatives	47
1.8.2. Gradient, divergence, curl	49
1.8.3. Useful identities in tensor analysis.	53
1.9. Differential operators in curvilinear coordinates	53
1.9.1. The natural basis	54
1.9.2. Covariant derivative	55
1.9.3. Parallel transport, connection and covariant differentiation	59
1.9.4. Application: differential operators in curvilinear coordinates	61
1.9.5. Expression of the covariant derivatives of the components of tensors.	63
1.10. Partial derivatives of function with tensor arguments	66
1.10.1. Differential operations on scalar valued functions with tensor arguments	66
1.10.2. Gradient of the invariants	68
1.10.3. Gradient of scalar and tensor valued functions with respect to symmetrical tensors	70
1.11. Elements of functional analysis	71
Chapter 2. Continuum Mechanics	75
Jean-François GANGHOFFER	
2.1. Motivations of nonlinear mechanics	75
2.1.1. Academic examples	76
2.1.2. Research oriented examples.	79
2.2. Prerequisite: summary of linear elasticity	83
2.2.1. Idea of how to generalize the kinematics (analysis of motion)	84
2.2.2. Methodology for solving linear elasticity problems in continuum mechanics.	84
2.3. Introduction: notion of body in a continuum description	85
2.4. Kinematics: displacement, transformation gradient, strains	87
2.4.1. Lagrangian versus Eulerian representation of properties.	89
2.4.2. Transformation gradient and strain measures	91
2.4.3. Transport of line, surface and volume elements	98
2.5. Deformation tensors.	100
2.6. Polar decomposition theorem	107

2.7. Linearization of the kinematics: small strains and small displacements	110
2.8. Deformation velocities	112
2.9. Transport operations: pull-back and push-forward.	115
2.10. Isotropic tensor functions	118
2.11. Stress measures and strain–strain duality.	122
2.11.1. Physical stress components	123
2.11.2. Stress-strain duality and the principle of virtual power	126
2.11.3. Physical meaning of the introduced stress tensors	131
2.11.4. Eshelby stress in the context of configurational mechanics	133
2.12. Balance laws	138
2.12.1. Material derivatives of surface and volume integrals	138
2.12.2. Mass conservation.	139
2.12.3. Conservation of energy.	143
2.12.4. Entropy inequality.	144
2.13. Abbreviations, notations and nomenclature	146
2.13.1. Abbreviations	146
2.13.2. Notations	147
2.13.3. Nomenclature of important symbols	147
Chapter 3. Constitutive Models of Soft and Hard Living Tissues	149
Jean-François GANGHOFFER	
3.1. Constitutive modeling.	149
3.2. Isotropic elastic materials	151
3.2.1. Hypoelastic and hyperelastic isotropic materials	152
3.3. Elasticity tensors.	154
3.3.1. Restrictions on the strain energy function	156
3.4. Isotropic hyperelastic materials	156
3.4.1. Constitutive law in terms of principal stretches	159
3.5. Incompressible materials	160
3.6. Compressible hyperelastic materials	162
3.7. Isotropic compressible hyperelasticity	164
3.8. Some forms of constitutive models.	165
3.8.1. Incompressible materials	165
3.8.2. Compressible materials	167
3.9. Saint-Venant Kirchhoff materials and Neo-Hookean materials through linearization	167
3.10. Hyperviscoelastic models.	170
3.11. Anisotropic constitutive models: fiber reinforced solids, orthotropic materials	174
3.11.1. Case of a single population of fibers	175
3.11.2. Case of incompressible transversely isotropic materials	177

3.11.3. Case of two populations of fibers.	178
3.12. Case of orthotropic materials.	179
3.13. Variational principles and hints to numerical solution schemes	180
3.13.1. Linearization of the principle of virtual work in material description	184
Chapter 4. Discrete Homogenization of Network Materials	187
Jean-François GANGHOFFER and Khaled EL NADY	
4.1. Introduction	187
4.2. Microscopic and mesoscopic homogenization problems	189
4.2.1. Determination of the initial elastic response	190
4.2.2. Large configuration changes of lattices by the DH method	196
4.2.3. General algorithm of the homogenization method	202
4.3. Application to trabecular bone.	204
Chapter 5. Mechanics and Thermodynamics of Volumetric and Surface Growth	211
Jean-François GANGHOFFER	
5.1. Introduction	211
5.2. Thermodynamics of continuous open media: a survey	213
5.3. General balance laws accounting for mass production due to growth.	217
5.4. Growth kinematics and growth models	224
5.5. Mechanics and thermodynamics of surface growth	225
5.5.1. Kinematics of a growing interface and Hadamard relations	226
5.5.2. Jump conditions in the presence of a moving surface of discontinuity	229
5.6. Surface growth: a review of surface thermodynamics	237
5.7. Material driving forces for surface growth	249
5.8. Extremum principles for biological continuum bodies undergoing volumetric and surface growth	251
5.8.1. Extremum principle for volumetric growth.	252
5.8.2. Extremum principle for combined surface and volumetric growth	256
Part 2. Multiscale Bone Mechanics	261
Chapter 6. Micropolar Models of Trabecular Bone	263
Jean-François GANGHOFFER and Ibrahim GODA	
6.1. A survey of bone physiology	263
6.2. Review of trabecular bone models	265

6.3. Construction of two-dimensional anisotropic Cosserat bone models	266
6.4. Effective micropolar properties of bone	270
6.5. Numerical determination of the effective bone rigidities	276
6.6. Application to bone fracture	283
6.6.1. Four node 2D Cosserat finite element.	283
6.6.2. Simulation results.	285
6.7. Effective mechanical properties of 3D vertebral trabecular bone	292
6.8. Results and discussion	298
6.9. Relevance of the choice of a micropolar effective continuum	303
6.10. Finite element validation	306
6.11. Discussion and limitations	311
Chapter 7. Size-Dependent Dynamic Behavior of Trabecular Bone	317
Jean-François GANGHOFFER, Ibrahim GODA, Rachid RAHOUADJ	
7.1. Introduction.	317
7.2. Age-related change of vertebral bone architecture	319
7.3. Size dependent static and dynamic bending behaviors	321
7.3.1. Governing equations of the motion of micropolar beams in bending.	321
7.3.2. Size-dependent static bending behavior	324
7.3.3. Size-dependent free flexural vibration behavior	326
7.3.4. Numerical results	328
7.4. Size-dependent static and dynamic torsional behaviors	332
7.4.1. Governing equations of motion of a twisted micro-structured beam.	332
7.4.2. Size-dependent static torsional behavior	337
7.4.3. Size-dependant free torsional vibration behavior	339
7.4.4. Numerical results	341
Chapter 8. Prediction of Size Effects in Bone Brittle and Plastic Collapse	345
Jean-François GANGHOFFER and Ibrahim GODA	
8.1. Introduction.	346
8.2. Determination of the plastic yield and brittle fracture surfaces in stress space.	349
8.2.1. Microscopic stresses versus the macroscopic deformation tensor	349
8.2.2. Plastic collapse and yield surface	351
8.2.3. Brittle failure and fracture surfaces	352
8.3. 3D plastic collapse and brittle fracture surface of trabecular bone . . .	354

8.4. Plastic yield surface based on Cosserat theory	357
8.4.1. Size dependent plastic yield criterion	361
8.5. 3D homogenization of trabecular bone lattices	366
8.6. Plastic collapse and yield surface models under micropolar couple stresses	368
8.6.1. Formulation of micromoments within the trabecular cell	368
8.6.2. Plastic yield criterion under a combined action of bending and torsion	369
8.6.3. Determination of the plastic yield surfaces in couple stress space	372
8.7. Numerical results	375
Chapter 9. Multiscale Aspects of Bone Internal and External Remodeling	389
Jean-François GANGHOFFER and Ibrahim GODA	
9.1. Introduction: biological mechanics of bone remodeling	389
9.1.1. Bone internal and external remodeling	390
9.1.2. Bone remodeling cycle	394
9.1.3. Connection between cell activity and bone production	396
9.2. Volumetric and surface growth model	400
9.2.1. Bulk growth model	401
9.2.2. Evolution of bulk density	405
9.3. Surface growth model	408
9.4. A coupled bone internal and external remodeling approach	413
9.4.1. Strong formulation	413
9.4.2. Variational formulation of the growth boundary value problem	419
9.5. Applications to hard tissues like bone	421
9.5.1. Micromechanical simulations of the density and morphological changes of the trabecular structure	422
9.6. Macroscopic viewpoint	430
9.6.1. Homogenization scheme for trabecular bone	431
9.6.2. Simulation of joined internal and external remodeling	433
Chapter 10. Integrated Remodeling to Fatigue Damage Model of Bone	437
Jean-François GANGHOFFER and Ibrahim GODA	
10.1. Introduction	437
10.2. Balance laws and constitutive equations of density growth	440
10.3. Elastic damage bone remodeling process	442
10.4. Simulation of internal bone remodeling with damage	446

Part 3. Mechanics of Soft Biological Tissues: The Intervertebral Disk, Biological Networks, Ligaments and Tendons	453
Chapter 11. Micromechanics of the Intervertebral Disk	455
Adrien BALDIT	
11.1. Introduction	455
11.2. Intervertebral disk components and structure	456
11.2.1. Intervertebral disk nucleus pulposus	457
11.2.2. Intervertebral disk annulus fibrosus	457
11.3. Intervertebral disk's roles	458
11.3.1. Physiological loadings	458
11.3.2. Mechanical loadings within intervertebral disk	458
11.4. Intervertebral disk's experimental characterization	459
11.4.1. Mechanical characterization	459
11.4.2. Poro-mechanical characterization	460
11.4.3. Poro-chemo-mechanical characterization	462
11.5. Intervertebral disk's modeling and simulation	463
11.5.1. Mechanical modeling	463
11.5.2. Poro-mechanical modeling	464
11.5.3. Poro-chemo-mechanical modeling	464
11.6. Conclusion and perspectives	465
Chapter 12. Effective Mechanical Response of Biological Membranes	469
Khaled EL NADY, Jean-François GANGHOFFER and Ibrahim GODA	
12.1. Introduction	469
12.2. Mechanical response of biological networks from micromechanical models	472
12.2.1. Mechanical properties of the filaments of biological networks	473
12.2.2. First step: computation of the initial linear response	476
12.2.3. Second step: computation of the nonlinear elastic response	479
12.2.4. Contraction and planar area response	480
12.2.5. Nonlinear out-of-plane bending of biomembranes	482
12.2.6. Identification of a hyperelastic model for biological networks	483
Chapter 13. Micromechanics of Ligaments and Tendons	489
Cédric LAURENT	
13.1. Introduction	489
13.2. Structure and properties of ligaments and tendons	490

13.2.1. Structure and composition	490
13.2.2. Adaptative behavior and healing	492
13.2.3. Physiological loads and mechanical properties.	493
13.3. Characterization methods for tendons and ligaments	494
13.3.1. In vitro characterization	494
13.3.2. In vivo characterization	496
13.4. Modeling approaches for tendons and ligaments	498
13.4.1. Development of mechanical models: rationale and challenges	498
13.4.2. Reminder and notations	499
13.4.3. Phenomenological approaches	500
13.4.4. Microstructural models	503
13.5. Focus on ligament and tendon tissue engineering	506
13.5.1. Principle and interest	506
13.5.2. Mechanobiology	506
13.5.3. Defining a scaffold	507
13.5.4. Mechanical and biological characterization.	508
13.6. Conclusion and perspectives	509
Bibliography	511
List of Authors	555
Index	557